

## **VITAMIN SHOT BAR MENU**

### B12 shot: \$25

Recommended for increased energy, improved quality of sleep and promote healthy skin and nails.

### B Complex Shot: \$35

Recommended to boost immune system & increase energy, Fights infection

Benefits: Improved immune system, emotional well-being, better memory, Increased energy, Improved alertness, better sleep, improved skin quality and decreased stress.

### Lipotropic shot: Methionine, Inositol, Choline (MICA) \$30

Recommended for fat-burning weight loss

Benefits: Increased metabolism for weight loss, Increased energy, Helps curb the craving of unhealthy foods, Burn calories,

### Lipotropic shot plus: Methionine, Inositol, Choline with Vit B12 \$40

Recommended for fat-burning weight loss and increased energy

Combination of MIC with Vitamin B12 shot

### B Slim Shot: Lipotropic MICA shot & L-Carnitine \$40

Recommended for the benefits of the B Shot with the addition of more lipotropic (fat burning) properties.

Benefits: Weight loss, increased energy, detoxifies, hormone health, elevates mood, promotes better sleep, reduces hangover symptoms, and boosts your immune system.

### B Ageless Shot: Vitamin B12 with Biotin \$40

Recommended to reverse/slow down the signs of the aging process & Anti-Oxidant

Benefits: Minimizes fine lines and wrinkles, rejuvenates the skin and body, and improves stamina. Eliminate toxins, Detoxifies heavy metal, Enhance immune system function.

### B Vanity Shot: MICA Shot, Glutathione, Phosphatidylcholine \$45

Recommended for beautiful, healthy skin, nail & hair, Weight loss, Immune boost, Fat loss.

Benefits : rejuvenation of skin, hair & nail. Helps with weight loss by burning fat and calories.

### Vitamin C Shot: \$20

Benefits: Antioxidant and immune system support.

### Biotin Shot: \$25

Benefits: Glowing hair & Skin.

### Glutathione Shot with Vitamin C Shot: \$40

### Vitamin D3 50000iu Shot: \$25

### CoQ10 20mg Shot: \$35